

PK KB OVL 26: Session: 3: COACH evaluation sheet for TEAM: LZV

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Felies Jürgen

Coaches: Van Mieghem Evelien HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 100M MEDLEY MEN 11+ Heat:6, starttime: 09:20

Heat: 6/10 Lane : 7 Athlete: VERHENNE TIM				Q-time: 01:16:22
PB (25m pool): 01:16.22 Lokeren 28/09/2025				PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		00:35.24		01:16.22
		00:35.24		00:40.98
				

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+ Heat:6, starttime: 10:32

Heat: 6/11 Lane : 6 Athlete: VERHENNE TIM				Q-time: 01:14:86
PB (25m pool): 01:14.86 TEMSE 23/11/2025				PB (50m pool): 01:15.57 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		00:36.51		01:14.86
		00:36.51		00:38.35
				

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+ Heat:9, starttime: 10:39

Heat: 9/11 Lane : 6 Athlete: VAN LAERE JUUL				Q-time: 01:09:32
PB (25m pool): 00:39.26 Temse 12/03/2023				PB (50m pool): 01:10.24 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		no time		00:39.26
		no time		
				

Coach feedback:

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Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:4, starttime: 11:25
Heat: 4/7 Lane : 6 Athlete: VAN LAERE JUUL			Q-time: 00:36:97
PB (25m pool): 00:36.97 Temse 17/11/2025			PB (50m pool): 00:38.20 SB: no time
	2 5 M	5 0 M	
PB		00:36.97	
	00:36.97		
			

Coach feedback: